

## **COURSE 1 – October 25 Friday**

### **6 groups**

#### **Faculty:**

Rácz Kristóf, MD, FIPP, Bartos Balázs, MD, Stogicza Ágnes, MD, FIPP, CIPS, Öveges Nándor, MD, Csete Gergő, MD, Rácz Adrien, MD, Dr Laskói Balázs, FIPP

#### **Prerecorded lectures at [www.painschoolinternational.com](http://www.painschoolinternational.com) available from Nov 1st**

- *Multimodal approach to pain management Athmaja Thottungal, MD, FIPP, CIPS, UK*
- *Discogenic pain, disc procedures, Liong Liem, MD, FIPP*
- *How to read a low back MRI. Laszlo Entz, MD, FIPP, Hungary*
- *Local anesthetic and contrast, Andrea Trescot, MD, FIPP, CIPS, USA*
- *Radiofrequency basics, Harold Cordner, MD, FIPP, USA*
- *Sonoanatomy of the Lumbar spine Stogicza, MD, FIPP, CIPS, Hungary*
- *US basics, diagnostics and more, Stogicza, MD, FIPP, CIPS, Hungary*
- *Biofeedback, hypnosis, psychotherapy, coping, CBT, and evidence - José Siqueira, Brazil*

#### **On site lectures**

- Opening remarks - Stogicza Ágnes 5'
- LS pain basics - Öveges Nándor 20'
- LS Diagnostic approach - Stogicza Ágnes 20'
- SI joint pain - epidemiology, pathomechanism, treatment, evidence - Rácz Kristóf 20'
- Facet joint pain -epidemiology, pathomechanism, treatment, evidence - Bartos Balázs 20'
- Radiculopathy - Csete Gergő
- Minimally invasive surgical solutions to low back pain - Rácz Adrien 20'

**Workshop 4 groups, 5 hours:**

	STATION 1 Landmarking of LS spine	STATION 2 Physical exam of LS spine	STATION 3 Needle guidance + US scan of lumbar spine  SI joint Caudal access Piriformis Glut med entheses	STATION 4 US scan of lumbar spine 2  Lumbar facet MBB Level identification
	Gustavo Bala <b>Eng 1</b>	Stogicza <b>Mix</b>	Rácz <b>Hun 1</b>	Laskói <b>Hun 2</b>
12.0-13.00	Gustavo <b>Hun 2</b>	Stogicza <b>Eng1</b>	Rácz <b>Mix</b>	Laskói <b>Hun 1</b>
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13.30-14.30	Gustavo <b>Hun 1</b>	Stogicza <b>Hun 2</b>	Rácz <b>Eng1</b>	Laskói <b>Mix</b>
14.30-15.30	Gustavo <b>Mix</b>	Stogicza <b>Hun 1</b>	Rácz <b>Hun 2</b>	Laskói <b>Eng1</b>
15.30-16.30	Problem based learning discussion - online voting <b>ALL TOGETHER</b> Case 1: Stogicza Case 2: Laskói or Rácz Case 3: Rácz Kristóf			
1500	Closure, plans for Dec 1			